

# AUTUMN WINTER MENU Week one

Weeks Commencing: 2/9/24, 23/9/24, 14/10/24, 4/11/24, 25/11/24, 16/12/24, 6/1/25, 27/1/25, 17/2/25











### MONDAY

Creamy Chicken Pesto Pasta Bake with Peas

Vegetarian Hotpot with Crusty Roll and Sweetcorn

Cheese / Beans / Tuna Mayo

Banana Marble Cake

### **TUESDAY**

Dartmoor Beef Stew with Crusty Roll

Tomato and Cheese Pasta Bake with Wedges and Baked Beans

Cheese / Beans / Tuna Mayo

**Chocolate Cookie** 

### WEDNESDAY

Roast Gammon with Roast Potatoes, Seasonal Vegetables and Gravy

Vegetarian Toad in the Hole with Roast Potatoes, Carrots, Swede and Gravy

Cheese / Beans / Tuna Mayo

Iced Sponge

### **THURSDAY**

Beef Chilli with Rice, Peas and Sweetcorn

Margherita Pizza with Wedges and Sweetcorn

Cheese / Beans / Tuna Mayo

Apple Crumble and Custard

### **FRIDAY**

Breaded Fish or Salmon Fingers with Chips and Beans

Butternut Squash and Bean Burger with Chips and Beans

Cheese / Beans / Tuna Mayo

Flapjack







# AUTUMN WINTER MENU Week two

Weeks Commencing: 9/9/24, 30/9/24, 21/10/24, 11/11/24, 2/12/24, 23/12/24, 13/1/25, 3/2/25, 24/2/25











### MONDAY

BBQ Chicken Wrap with Wedges and Sweetcorn

Macaroni Cheese with Focaccia and Carrots

Cheese / Beans / Tuna Mayo

Ice Cream

#### TUESDAY

Meatballs and Tomato Sauce with Pasta, Focaccia and Salad Sticks

Vegetable Chilli with Rice and Peas

Cheese / Beans / Tuna Mayo

Jam and Coconut Sponge

### WEDNESDAY

Roast Chicken with Roast Potatoes, Seasonal Vegetables and Gravy

Sweet Potato and Butternut Bake with Roast Potatoes, Seasonal Vegetables and Gravy

Cheese / Beans / Tuna Mayo

Lemon Cookie

### **THURSDAY**

Chipolata Sausages with Mash, Carrots, Sweetcorn and Gravy

Yorkshire Pudding Cottage Pie with Carrots and Sweetcorn

Cheese / Beans / Tuna Mayo

Fruit Trifle

## **FRIDAY**

Fish Cake with Chips and Beans

Vegetable Nuggets with Chips and Salad Sticks

Cheese / Beans / Tuna Mayo

**Raspberry Muffin** 



FRESH FRUIT & YOGHURT SERVED DAILY





## AUTUMN WINTER MENU Leek three

Weeks Commencing: 16/9/24, 7/10/24, 28/10/24, 18/11/24, 9/12/24, 30/12/24, 2/1/25, 10/2/25, 3/3/25











### MONDAY

Cottage Pie with Carrots and Gravy

Vegan Bolognaise with Penne Pasta and Carrots

Cheese / Beans / Tuna Mayo

> Sticky Toffee Pudding

#### **TUESDAY**

Chicken Tikka Masala with Rice, Sweetcorn and Naan Bread

Vegetarian Brunch Quorn Brunch Quorn Sausage, Hash Brown, Tomato and Beans

Cheese / Beans / Tuna Mayo

Carrot Cake

### WEDNESDAY

Roast Pork with Roast Potatoes, Seasonal Vegetables and Gravy

Vegetable Cottage Pie with Mash Potato, Seasonal Vegetables and Gravy

Cheese / Beans / Tuna Mayo

> Lemon Drizzle Cake

### **THURSDAY**

Macaroni Cheese with Bacon, Focaccia and Peas

Cauliflower and Butternut Curry with Plain Rice and Naan Bread

Cheese / Beans / Tuna Mayo

**Custard Cookie** 

### **FRIDAY**

Fish Fingers with Chips and Beans

Vegetable Sausage Roll with Chips and Beans

Cheese / Beans / Tuna Mayo

Apple Flapjack



FRESH FRUIT \$ YOGHURT SERVED DAILY

