



Ludgvan School – PE Curriculum Statement

INTENT - what we aim to achieve through our PE curriculum:

Ludgvan School is passionate and committed in making our pupils lifelong active citizens. We believe keeping physically fit and active is key to mental health and wellbeing. We aim to provide and promote the knowledge and understanding of how to lead a healthy lifestyle and we recognise the strong links between physical activity, self-esteem, confidence, resilience and friendships. We actively encourage our pupils to take part in a wide variety of sports and clubs available to them and where possible we promote movement within all areas of our curriculum. We promote inclusion and adapt sports to ensure all children can take part regardless of their abilities and physical movement.

We have a bespoke PE curriculum tailored to our pupils, the environment in which we live and in line with our school values of Excellence, Evolution and Equity. The PE curriculum has strong links to PSHE and key skills and concepts of both subjects are taught throughout all year groups and build upon one another year on year. These are reviewed regularly with staff and children.

Throughout the year the children will be taught a range of PE skills for:

- Basketball / Football / Rugby / Hockey / Dance / Gymnastics / Athletics (Track, Field and Quad-kids) / Swimming (Years 1 – 6) / OAA / Multi-skills / Dodgeball / Handball / Tennis / Badminton / Cycling / Table tennis

Oracy in PE

We give the children the opportunity to regularly discuss their physical and mental well being and how sport has a positive impact on this. The children are encouraged to take part in sporting activities to aid the health and fitness but to also allow them space to 'let of steam' and thrive and relax in something they really enjoy. They discuss rules and tactics as teams and partners and get the opportunity to become umpires of games and matches. At the beginning and end of units of work the children discuss and evaluate their performances and skills they have learnt. As well as commenting on other performances, as a critical friend, during lessons.

Our children all talk confidently about sports and the activities they have taken part in over the years.

IMPLEMENTATION – how we deliver our PE curriculum:

As a Primary School passionate about sport and physical education, it is important to us that the PE Premium Funding allocated to us by the government is used to support, promote and engage all of our pupils, to set them up as lifelong active citizens, who have awareness of their own health and wellbeing.

Our PE Premium funding is used effectively to employ a sports coach to provide high quality PE lessons across the whole school. This funding also enables us to join the local PE cluster. This cluster provides our children with greater opportunities to take part in sporting festivals and competitions, as well as the opportunity to access a variety of specialist resources and centres; such as the local gymnastics and rugby clubs. It gives us access to Active maths, which promotes physical active learning across the curriculum, particularly within maths. Finally, it allows our older children to become Play Leaders. This promotes enjoyment, engagement and physical activity at break and lunchtimes, making every second of the day count towards being physically active. It also provides responsibility and coaching opportunities for older children.

IMPACT – How we will know how successful our PE curriculum is:

Our PE provision promotes a love for being physically active. We actively encourage participation through friendly competition within our school intrasport events which are held each term, so every child, regardless of ability gets to compete as part of a class team. Through offering a wide variety of extracurricular clubs our children are confident in their chosen sports and enjoy entering local leagues and competitions. These are celebrated during our whole school assemblies and further promotes and engages our children in an active lifestyle. Research has shown that those children who are active and take part in after school clubs are more likely to continue to be lifelong learners and be physically active for longer. Through our school curriculum and school ethos, we feel we provide our children with the skills and knowledge they need to continue a healthy lifestyle once they have left our school.